

Ingredients and their Traditional Actions:



Avena Sativa 4X

Relief from nervous exhaustion and the inability to keep the mind on any one subject.

Coffea Arabica 14X

To help relieve insomnia, restlessness, racing thoughts, and encourage restful sleep.





Passiflora Incarnata 4X

Helps against restlessness and wakefulness especially in the aged, the mentally worried and the overworked.

Zincum Isovalerianicum 6X Promotes sleep and reduces agitation.









State of the Art GMP Certificated Manufacturing Facilities in Baden Baden, Germany.



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- Handy carry-everywhere 50 tablet pot.
- Manufactured to GMP standards by Biologische Heilmittel Heel GmbH.
- World leader in homeopathic combination medicines.
- Distributed throughout the world in over 50 countries.
- Assured quality with over 75 years of manufacturing and medical treatment.





Posology and Method of Administration

This product is not recommended for use in children or adolescents under 18 years.

Adults and the elderly:

Take one tablet three times daily.

Adults and the elderly:

If needed one tablet could be taken every 1/2 hour to 1 hour up to 12 times for the first 24 hours.

The tablets should be allowed to dissolve completely in the mouth at least 30 minutes before meals.

Duration of Use:

If the condition worsens or if symptoms do not improve within 7 days, consult a doctor or healthcare professional.



MARKETING AUTHORISATION NUMBER NR 08927/0017





Used within the Homeopathic Tradition for the Supportive Treatment of Nervous Restlessness and Associated Sleep Disturbances.

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UK Distribution Partner:

Bio Pathica Ltd PO Box 217 Ashford Kent TN23 6ZU

info@biopathica.co.uk www.biopathica.co.uk



Tel: 01233 636678



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